



2014-15 LIL COLTS ATHLETIC HANDBOOK

PHILOSOPHY

The athletic community, which is comprised of coaches, administrators, parents, officials and student athletes, must be committed to excellence with the understanding that winning is performing to potential. The athletic community will provide for the safety and growth of the student athlete physically, socially, and emotionally, while striving to develop in each athlete an internalization of respect, honesty, trust, cooperation, sportsmanship, positive values and an acceptable work ethic. Further, the athletic community realizes that in all facets, each member has the responsibility to "do right, do your best and treat others like you would like to be treated." The governing principles of all athletic programs must place student athletes first and winning second.

The regulations and expectations outlined in this handbook serve as guidelines in conducting and administering the middle school athletic program. Although not bound in Board Policy, it is expected that the athletic community adhere to these regulations and expectations without deviation.

PARTICIPATION

Participation in athletics provides many opportunities for young men and women to develop emotionally, morally and physically. Athletes are students first and athletes second.

Any student who participates in athletics, including cheerleaders, must follow the training rules as outlined by their coaches and/or sponsors. Athletes who feel they cannot follow these rules should not go out for athletics. Violation of the training rules cheats yourself, your school, your teammates, and your community.

In every sport and activity, particularly the contact sports, there is a risk of injury to participating students. If an injury does occur, the student has a responsibility and an obligation to report the injury to coach or advisor immediately. If the injury requires professional medical attention, the student must return a MEDICAL RELEASE FORM to the team's coach or Athletic Director prior to resuming practice or competition.

In order to participate, a student must attend school a minimum of 1/2 day unless prior special arrangements have been made with the Principal.

The use of tobacco, alcoholic beverages, or the misuse of other drugs will result in the athlete being required to appear immediately before the athletic board (consisting of the principal, athletic director, and the coaching staff) for complete review of the case. Penalties may include any of the following:

- Suspension and/or expulsion from school.
- He/she will be suspended from any current athletic activity for the remainder of the current sport season.
- Violators will be required to reappear before the athletic board after a penalty has been imposed for the purpose of determining reinstatement for further participation.
- A second violation during the school year will result in suspension from all athletic activities for the remainder of that school year.

In school suspension (ISS): Students who are in ISS will NOT be allowed to participate in COMPETITION if that ISS is on that game day. They will however, be allowed to participate on a practice day.

Out of school suspension (OSS): Students who are in OSS will NOT be allowed to participate in PRACTICE or COMPETITION.

PUBLIC CONDUCT ON SCHOOL PROPERTY OR AT SCHOOL ACTIVITIES

Calibre Academy hosts or participates in many extracurricular activities attended by parents and the general public. These include, for example, athletic contests, dances, field trips, dramatic or musical performances, fund-raisers and meetings for parents, patrons and the public. All of these activities are referred to as, "Events." Events occurring on Calibre Academy owned or controlled property will observe those standards of behavior and conduct expected of school staff and students. Specifically, whether they appear as users, participants or observers of an event, such persons shall not:

- Obstruct, disrupt or interfere with teaching, research, service, administration, control discipline, coaching, officiating or progress of or at an event.
- Physically abuse or threaten any persons with physical harm on school owned or controlled property.
- Damage or threaten to damage property of Calibre Academy or property leased or licensed in connection with an event.
- Force or make unauthorized entry to Calibre Academy owned or controlled property.
- Use, possess, distribute or sell drugs, other controlled substances, alcohol or other illegal contraband on school owned or controlled property or within 1,000 feet of the perimeter of a school site. (Persons known to be under the influence of liquor shall not be permitted to enter Calibre Academy owned or controlled property).
- Possess any type of weapon, as defined in state law or Board Policy, on school owned or controlled property.
- Use of profanity or verbally abusive language will not be tolerated.
- Engage in any conduct constituting a breach of any federal, state, city or county law or duly adopted policy and/or regulation of the Board.

Persons determined by the director, the director's designee or the principal/athletic director of a host school, to be in violation of this policy, may be instructed to leave school owned or controlled property. Where repeated violations occur or where a person threatens or appears likely to violate this policy in the future, the director, the director's designee or the principal/athletic director of the host school may ban or restrict the person's access to events and to the use of school owned or controlled property.

SPECTATOR EXPECTATIONS

- Realize your attendance at activities is to support the teams involved
- Know and understand the rules of the contest
- Respect the integrity and judgment of sports officials and coaches
- Appreciate the skills of all players participating
- Treat opposing teams, coaches, officials, spirit groups and fans with respect
- Understand it is ONLY a game
- Failure to abide by these expectations can result in removal of the spectator from Calibre Academy events

COMMUNICATION AND CONFLICT

This is an essential part of communication and the "chain of command" that we expect our athletes/parents/coaches to follow. Most conflicts are resolved at the student-athlete and coach level of communication. Please address the following chain of command procedures. Thank you for your cooperation.

Student-Athlete and Coach

Student-Athlete and Athletic Director

Parent and Coach

Parent and Athletic Director

Parent and Principal

Parent and School Director

Parent and School Board

Foreword

The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and four core principles: caring, honesty, respect and responsibility. The highest potential of sports is achieved when athletic competition reflects these "four pillars of character."

I therefore agree:

- 1. I will not force my son/daughter to participate in sports, but will support and encourage any interest and commitment they demonstrate.
- 2. I will remember youth participate to have fun and the game is for the youth, not adults.
- 3. I will inform the coach of any physical disability or ailment that may affect the safety of my son/daughter or the safety of others.
- 4. I will learn the rules of the game and the philosophy and policies of Calibre Academy Athletic Program.
- 5. I (and my guests) will be a positive role model for my son/daughter and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
- 6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player or parent such as booing and/or taunting, refusing to shake hands, or using profane language or gestures.
- 7. I will not encourage any behaviors or practices endangering the health and well being of the athletes.
- 8. I will teach my son/daughter to abide by the rules and to resolve conflicts without resorting to hostility, aggression or violence.
- 9. I will demand my son/daughter treat other players, coaches, officials and spectators with respect, regardless of race, color, creed, sex or ability.
- 10. I will communicate to my son/daughter that doing one's best is more important than winning, so my child will never feel defeated by the outcome of a game or his/her performance.

- 11. I will praise my son/daughter for competing fairly and giving their best effort, and make him/her feel like a winner every time.
- 12. I will never ridicule or yell at my son/daughter or the other participants for making a mistake or losing a competition.
- 13. I will emphasize skill development and practices and how they benefit my son/daughter over winning.
- 14. I will promote the emotional and physical well being of the student athletes ahead of any personal desire that I may have for my son/daughter to win.
- 15. I will respect the officials and coaches and their authority during games and will never question, discuss or confront officials or coaches at any school athletic event, and will take the time to speak with coaches at an agreed upon time and place in the event I have any concerns.
- 16. I will demand a sports environment for my son/daughter free from drugs, tobacco and alcohol, and I will refrain from their use at all athletic events.
- 17. I will refrain from coaching my son/daughter or other players during games and practices unless I am one of the approved coaches of the team.

I also agree that if I fail to abide by the aforementioned articles and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning by a school official or his/her designee.
- Written warning.
- Parental game suspension with written documentation of the incident kept on file.
- Suspension of attendance for the remainder of the sport season.
- Son/daughter removed from the team for the remainder of the sport season.

IMPORTANT RULES AND REGULATIONS:

- Students are expected to maintain passing grades in all classes and exhibit positive citizenship at all times, In order to maintain student participation in Calibre Academy "LIL COLTS" program. The Principal and Athletic Director, with input from teaching and coaching staff shall have sole authority to declare a student ineligible for participation.
- A student will be "benched" from an athletic competition following two unexcused absences from practice. If in attendance that school day, a student must notify the head coach as to why he/she will not be at practice. The head coach shall have the authority to excuse a student from practice. Excessive excused absences will result in little or no participation in athletic events.
- The student-athlete must abide by any and all training rules established by the coach of the sport in which they are participating.
- Players are expected to sit together as a team, both as players and spectators. They will at all times, conduct themselves in an orderly manner.
- Boy/girl combinations by players at school events will not be tolerated. We feel that your attention should be 100% directed towards team or team participation.
- Players will not be allowed to enter school hallways or move around the school building when not participating in a game. Students are NOT to leave the building (home or away).
- Vandalism or any abuse of school equipment, posters, furniture, etc. will not be tolerated.
- The school building or ticket area will be open 15 minutes prior to the activity and close 15 minutes following the conclusion of the event. Parents are expected to pick up their child within these time lines.
- Practices may be scheduled after school, early evening, or morning depending on the number of teams and practices. Please be prepared to make arrangements for your child.

Extracurricular Activities Participant – Good Conduct Rule and Academic/Attendance ELIGIBILITY STANDARDS AGREEMENT

We the undersigned agree to these terms and conditions for participating in Calibre Academy athletics/activities. We have had an opportunity to read and ask questions regarding these GOOD CONDUCT rules/policies. We agree to abide by all rules and accept the consequences listed for behavior that violates these conduct rules.

**Under the Family Education Rights and Privacy Act Statement: I understand that personal information may be used for my son/daughter for program information, sport statistics, etc. (i.e. height, weight, grade, etc.)

**I also understand that my child, while participating in sport activities, will be potentially exposed to inherent risks of that activity.

Upon request ONLY, if a child is injured or cut from a team, a refund **MUST be requested **prior to the first contest.** Because of school deposits and audits, a \$5.00 processing/filing fee

will be charged.